



DataWiz College
of Data Science and Technology

NACC

PERSONAL SUPPORT WORKER



The NACC Personal Support Worker 2022 (PSW) certificate program prepares graduates to provide supportive care to individuals across their lifespan by assisting them with their activities of daily living, including clients experiencing cognitive impairment, physical disability, and mental health challenges.

The range of services provided by NACC Personal Support Workers depend upon the individual needs of each person they support and may include personal care such as dressing, personal hygiene, mobility and other routine activities of living in accordance with the Regulated Health Professions Act, home management such as shopping, light house cleaning and meal preparation, family responsibilities such as routine caregiving to children and assisting with social and recreational activities.

Datawiz College PSW program is based upon the NACC's (National Association of Career Colleges) Ontario Personal Support Worker 2022 Training Standard released in December 2022.

Program Type:

Health Services

Program Category:

Personal Support Worker/Personal Attendant

Program Name:

NACC Personal Support Worker 2022

program duration:

Day and Evening Classes: 24 weeks

Delivery Mode:

Online/ Hybrid (Instructor - Led) In-person Online - synchronous

Total Program Hours:

700 Hours

Courses:

13 courses in Total

Credentials:

Accredited Certificate awarded



PROGRAM COURSES

Learn the essential skills through our PSW program's focused courses and hands-on modules, designed to prepare you for a rewarding career in healthcare

Courses	Types	Hours
1-13	In-school Theory & practice (includes Testing)	400
14	Clinical Placement (Facility)	200
15	clinical Placement (community)	100
Total Program hours:		700

PROGRAM COURSES

PSW Foundation
Safety and mobility
Body systems
Assisting with personal Hygiene
Abuse and neglect
Household management, Nutrition and hydration
Care Planning/Restorative Care/Documentation/Working in the Community
Assisting the Family, Growth and Development
Assisting the Dying person
Assisting with Medications
Assisting with Medications
Cognitive/mental health Issues and Brain Injuries
Health Conditions
Gentle Persuasive Approaches in Dementia Care
Clinical placement (facility) 200hrs
Clinical placement (community) 100hrs

LEARNING OUTCOMES

Graduates will be able to:

- **Provide safe and compassionate assistance with activities of daily living**, including bathing, grooming, dressing, toileting, mobility support, and transfers, while maintaining client dignity and independence.
- **Support household and nutritional needs**, including meal planning and preparation, safe food handling, hydration support, and basic home-management tasks.
- **Deliver person-centred care** that is responsive to clients' physical, emotional, cognitive, cultural, and spiritual needs across a wide range of care settings.
- **Apply foundational health and safety knowledge**, including understanding body systems, infection control, universal precautions, safe lifting and positioning, and general risk-reduction practices.
- **Observe, document, and report changes in client condition** accurately and promptly to ensure continuity of care and appropriate intervention.
- **Communicate effectively and work collaboratively** as part of an interdisciplinary care team, demonstrating professionalism, ethical practice, confidentiality, and respect for boundaries.
- **Provide specialized support in mental health, dementia care, and palliative or end-of-life settings**, using appropriate techniques and compassionate approaches tailored to each client's needs.

ADMISSION REQUIREMENTS

- Grade 12 or equivalent or mature student status and successful completion of entrance examination;
- Signed Vulnerable Sector Disclaimer:
- Signed Medical Disclaimer:

LEARNING OUTCOMES

Graduates may find employment in a variety of care settings, including:

- Long-term care facilities
- Home care services giving care to clients living in their own homes in the community
- Supportive housing settings including senior's apartments and retirement homes
- Group homes
- Hospitals
- Adult day programs
- Educational facilities



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CONTACT

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